

## Guidance Note

### SHANARRI Wellbeing Measurement Tool

The SHANARRI wellbeing measurement tool gives a visual indication of the child's overall wellbeing at any given point in time. This helps the Practitioner to identify and focus on indicators where the child is experiencing most difficulties.

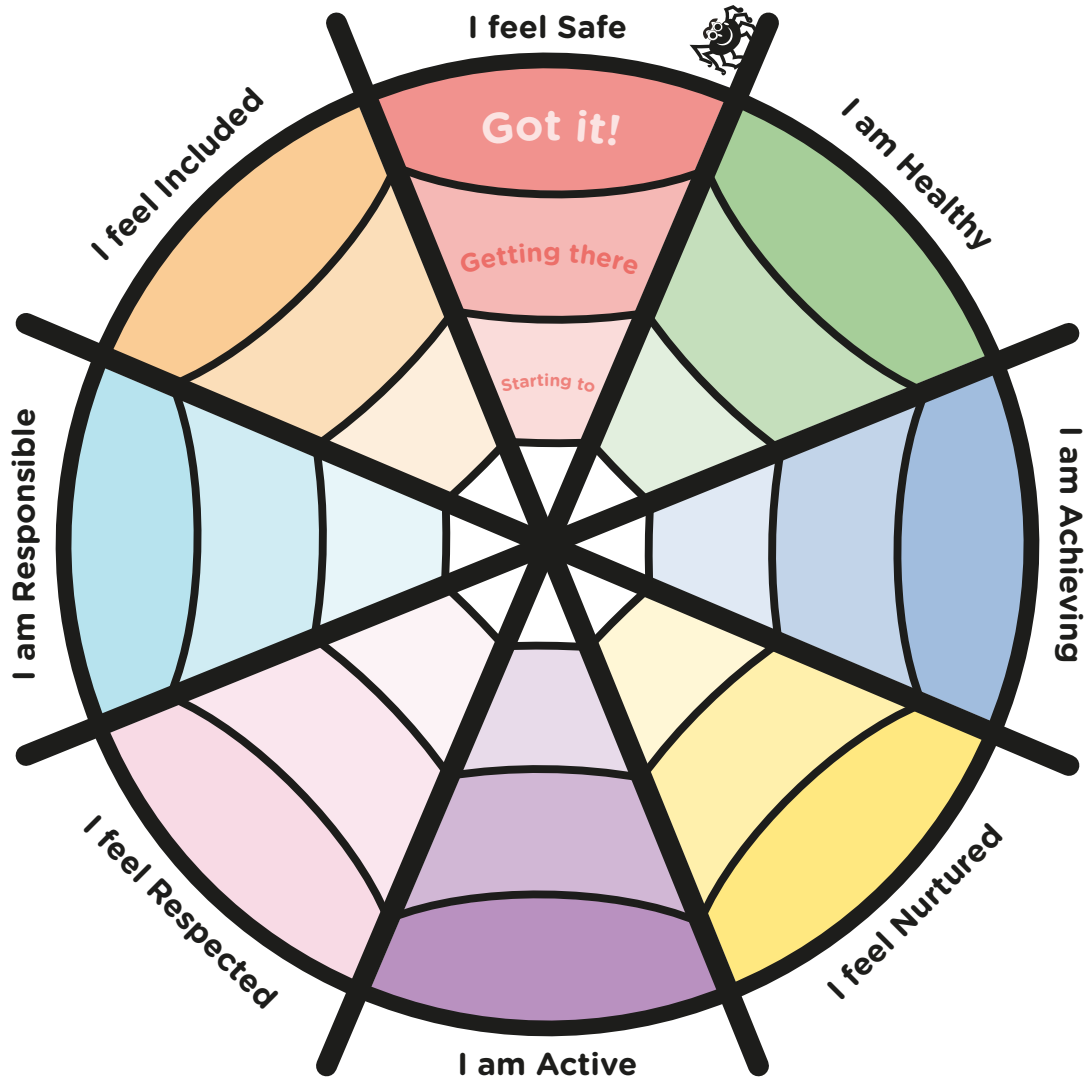
The web allows the practitioner to build up a picture of the progress being made in addressing wellbeing worries over the course of time. This provides a clear, visual picture of the child's wellbeing development.

The wellbeing web can be incorporated into the child's Personal Learning Plan. This ensures that you are incorporating the child's voice into their development plan.

The web could be used in a variety of different ways, for example:

- Each cycle will consist of 8 episodes. At the start of cycle 1, insert the date and colour of pencil being used in the progress key.
- After using the Sid & SHANARRI toolkit, have a discussion with the child about the indicator you have been working on.
- Select a coloured pencil from the kit and ask the child to place a dot on the web at the point where they feel they currently stand with this indicator.
- Repeat this exercise, using the same colour of pencil until all 8 indicators have been discussed with the child.
- Once cycle 1 has been completed, join up all of the dots. This will allow you to identify the areas of wellbeing that you need to focus your priority on with the child.
- Consider what you plan to do next in terms of the child's wellbeing development and record this in the "next steps" area of the progress key.
- Using a different colour of pencil, repeat this exercise in the next cycle and so on.
- The overall aim being that, over the course of time, the child's personal wellbeing web will gradually move to being as close to a perfect Octagon as possible.

# SHANARRI Wellbeing Measurement Tool



Progress Key:

Cycle	Date commenced	Colour	Next Step
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____