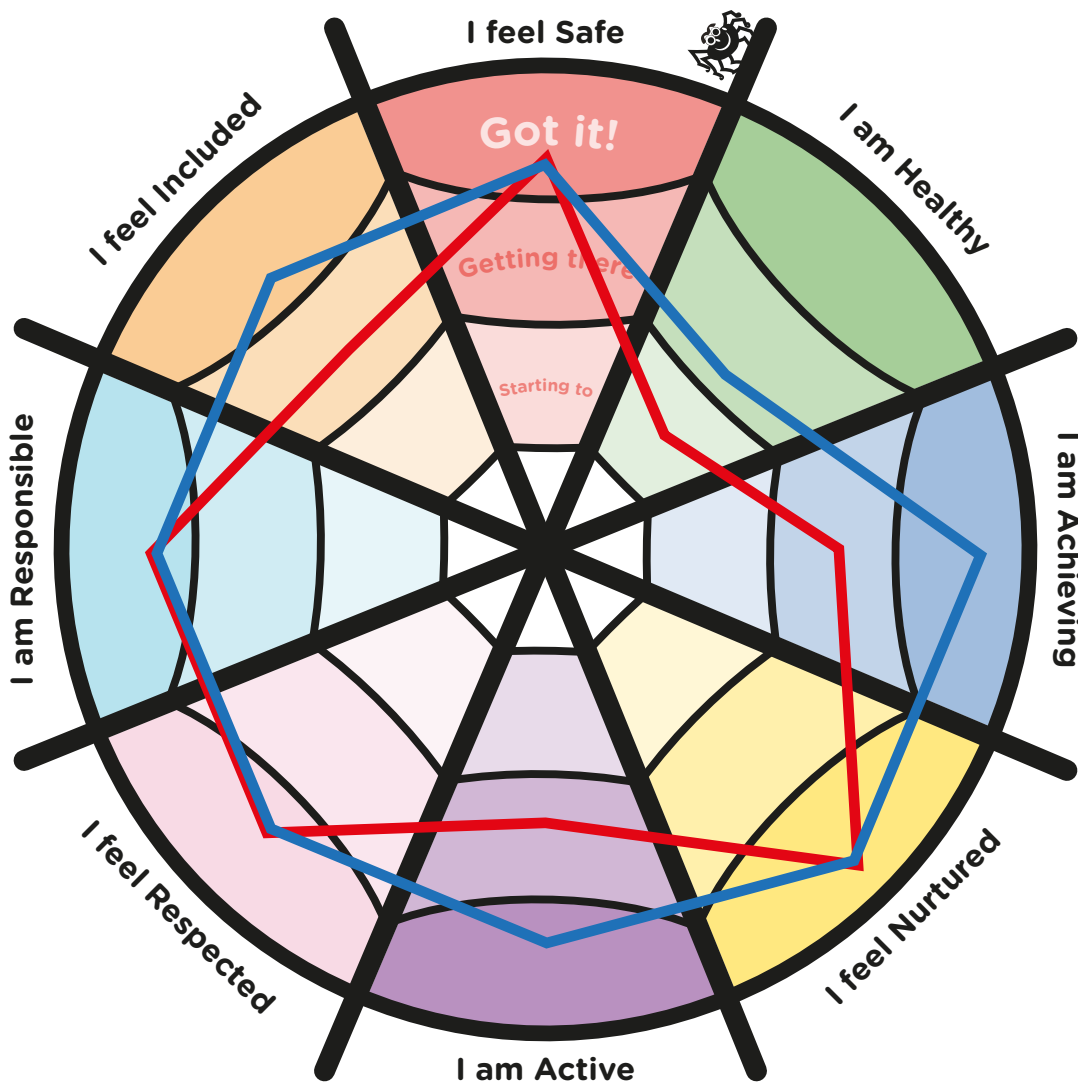


SHANARRI Wellbeing Measurement Tool



Progress Key:

Cycle	Date commenced	Colour	Next Step
1	<u>30.08.16</u>	<u>Red</u>	<u>Focus on Healthy & Activity</u>
2	<u>30.10.16</u>	<u>Blue</u>	<u>Focus on healthy eating - big chef, little chef</u>
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____